

# Hot Cross Buns Recipe

You are going to learn how to bake these delicious Easter buns. They are a traditional favourite for Good Friday, Easter, and throughout the Lent season.



## INGREDIENTS:

- 3-3/4 to 4-1/4 cups all-purpose flour
- 1 package active dry yeast
- 1 teaspoon ground cinnamon
- 1/2 teaspoon nutmeg
- 3/4 cup milk
- 1/2 cup cooking oil
- 1/3 cup granulated sugar
- 1/2 teaspoon salt
- 3 eggs
- 2/3 cup currants or raisins
- 1 slightly beaten egg white
- 1 cup sifted powdered sugar
- 1/4 teaspoon vanilla
- milk/cream

## PREPARATION:

In a large mixing bowl combine 1-1/2 cups of the flour, the yeast, and cinnamon. In a small saucepan heat and stir 3/4 cup milk, the oil, granulated sugar, and salt until warm. Add to flour mixture along with whole eggs. Beat with an electric mixer on low speed for 30 seconds, scraping bowl. Beat on high speed for 3 minutes.

Using a spoon, stir in currants or raisins, hazelnuts (if desired), and as much of the remaining flour as you can mix in with a wooden spoon. Turn out onto a lightly floured surface. Knead in enough remaining flour to make a moderately soft dough (3 to 5 minutes total). Shape into a ball. Place dough

in a greased bowl; turn once to grease surface. Cover and let rise until nearly double (about 1-½ hours).

Punch dough down. Turn out onto a floured surface. Cover and let rest 10 minutes. Divide dough into 20 portions; shape each portion into a smooth ball. Place balls a little apart on a greased baking sheet. Cover and let rise until nearly double (30 to 45 minutes). With a sharp knife, make a shallow crisscross slash across each bun. Brush with egg white. Bake in oven for 12 to 15 minutes or until golden brown. Cool slightly.

In a mixing bowl combine sifted powdered sugar, milk or cream and vanilla. Stir in milk, 1 teaspoon at a time, until it reaches drizzling consistency. Drizzle buns with icing. Serve warm.

While you wait for the dough to rise, try one of the following activities:

- Go egg hunting on the school playground
- Paint Easter eggs to decorate your school hall
- Colour-in Easter sheets to hang up on the classroom notice boards
- Learn the hot cross buns song see:  
<http://www.kiddyhouse.com/Songs/Hotcross.html>

*Hot cross buns,  
Hot cross buns,  
one ha' penny,  
two ha' penny,  
hot cross buns.  
If you have no daughters,  
give them to your sons,  
one ha' penny,  
two ha' penny,  
Hot Cross Buns*

Have a Lot of Fun and Enjoy the Easter holidays!

